




# KONSTANTINOS KARYPIDIS

PEAK PERFORMANCE COACH  
MOTIVATIONAL SPEAKER



[www.karypidis.com](http://www.karypidis.com)



Creativity, innovative thinking, ground breaking ideas or any kind of optimal response and action, is the product of an individual who is peak performing and thus using his/her capabilities at their maximum.

Knowing how to do that at will, will simply make you unstoppable regardless the circumstances.

**KONSTANTINOS KARYPIDIS**





# A FEW WORDS

Described as a “stage storm“, Konstantinos teaches visionaries, leaders and organisations how to prepare for the future by studying and applying the peak performance strategies bequeathed to us from some of history’s greatest minds and verified from today’s top researchers.

His goal is pretty simple and bold: To build a world where executives, instead of trying to predict the future, they are capable of peak performing at will and hence capable to deal optimally with any kind of challenges or opportunities.

Once upon a time he studied Business Administration, got his Masters Degree and began his Ph.D. in Economics, only to realise that his interest was elsewhere. For the next decade he lived as an artist, performing in streets, small stages, big theatres and on national television, writing and directing his own performances. His art was totally dedicated on what we are capable of achieving if we develop our communication and states of mind management skills.



# A FEW MORE WORDS

Konstantinos made a complete transition from the show business to the corporate world having helped individuals and teams to tap into their potential and achieve peak performance.

Over the past decade, Konstantinos managed to test the world's greatest theories with modern organizations facing everyday concerns. He traveled back in time to research the underlying principles of peak performance throughout the centuries. So, as a "professional" bookworm, who had already spent seventeen years of his life reading anything he could put his hands on and keeping precise notes, he did what he was best at: He studied, analyzed, categorized and tested all of his notes while reading new material in a quest to find an answer to the intriguing question he posed to himself.

Nowadays he travels the world sharing his findings along with his super simple message: "Know how to Peak Perform!"





# A Unique Blend of Enthusiasm and Practical Tools

“As an inductee into the National Speakers Hall of Fame (US), I have the opportunity to witness others in the profession as I present worldwide. Some are ok, some are good and some are great. Konstantinos is great. He deeply impressed me with his ability to connect with the audience, create an energy in the room that everyone felt and charm us with his knowledge and magnetism. He’s an asset to the speaking world and would be for any meeting he presents at.”

Scott Halford,

National Hall of Fame Speaker & Author on Emotional Intelligence,

“Konstantinos is a gifted and talented man, that’s easy to realize once you start interacting with him. He has excellent communication skills. The successful use of body language, makes each speech of his even more powerful and has great impact in transmitting messages to the audience. Engaging the audience, is one of his strong elements and shows how well he connects with them and they with him. A presentation with Konstantinos, can never be boring. His great sense of humor, his positive attitude combined with his intelligence, leads to a motivational and pleasant outcome, from which any audience has lots to earn and learn.”

Christina Bitsaxi,

Commercial Brand & Category Manager for Central & Eastern Europe, DELL

“Konstantinos is a highly charismatic individual and a unique performer on stage. His keynotes are not only memorable but also highly energetic, inspirational, infused with the latest trends, up to date data and exemplary case studies. I would highly recommend Konstantinos for your next event or consulting project!”

Antonios Printezis,

W.P. Carey School of Business at Arizona State University

# PEAK PERFORMING WITH THE BEST

Some of Konstantinos' Clients



# Know How to Peak Perform!

Funny, motivational, interactive but above all highly practical Konstantinos' keynotes will leave your audience inspired and more confident on the areas that need improvement with practical step by step tools to start achieving excellence at every level immediately.



## UNRAVEL YOUR HIGHEST POTENTIAL

The means, strategies and tools every professional needs in order to reach full potential.

We often see organisations with high potential executives unable to reach peak performance. In this workshop, participants will redesign the way they live and work and acknowledge the competencies that will lead them to achieving extraordinary results for themselves and their organisation.

Based on the Unravel Your Potential keynote and four years of research, the workshop focuses on the five principles required throughout the centuries to achieve peak performance in any environment.



## PRESENCE MASTERCLASS

The ability to create content and even more the ability to communicate this content in an honest, efficient, original and authentic way is one of the most common challenges all executives face. Especially in today's world, with all the information abundance, plethora of imagery and limited attention span, the need to distinguish yourself is even greater.

Using his unique methodology, Konstantinos works with teams and individuals to help them enhance their presence via a multitude of body language, theater and other techniques and to structure and present their content creatively and in an absolutely engaging manner.

# 100%

DEDICATION TO EXCELLENCE

IN A NUTSHELL



"During the last months, I had the opportunity to cooperate with Konstantinos twice! His challenge was to create two completely different training programs for two difficult groups of people, with completely different background and of course challenging needs. I think that Konstantinos has a great talent to HEAR, and ADJUST the content of each program to every special need of the audience that he has.

And then, he can make this training so interesting and interactive that none in the room can lose a word of his speech. He is a charismatic speaker, full of energy, humor and inspiration!

Looking forward to our next cooperation!"

**Marilena Soulogianni**

HR Business Partner SEE Cluster  
Johnson & Johnson



# FIND OUT MORE



## VISIT

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## WATCH

[Konstantinos on YouTube](#)

## READ

[Peak Ideas – Konstantinos' Blog](#)

## CONNECT

